

Weekly Calendar

Sunday June 21	8:50am Worship Team 9:30am—Sunday Worship- online & in person 11:00am Creation Care 11:30am Holy Cross: Worship online & in-person 5:00pm Worship
Monday June 22	5:30pm Plaza Encuentro
Tuesday June 23	10:00am Office Hours 10:15am Archive Committee 10:30am Chair Yoga 4:00pm Disaster Preparedness 6:30pm Endowment Committee—online
Wednesday June 24	10:00am Office Hours 12:00pm Funeral Reception Thank You Luncheon 6:15pm Compulsive Eaters Anon
Thursday June 25	10:00am Office hours 1:00pm WELCA 4:00pm Property 6:00pm Santa Cruz Vestry/BAC Meeting
Friday June 26	11:30am Mano Amiga Food Distribution (Oregon Food Bank) volunteers arrive 1:30pm Mano Amiga Food Pantry distribution
Saturday June 27	
Sunday June 28	8:50am Worship Team 9:30am—Sunday Worship- online & in person 10:50am Growing In Faith (GIF) 11:30am Holy Cross: Worship online & in-person 5:00pm Worship



06/22
Al Parr
Jennie Spencer

06/28
Norma
Sprawkins

06/24
Kennedy
Mansfield

Robert van der
Borg

06/25
Elyanna
Sarmiento



The Trinity Times

Week of June 21, 2026

FYI:

Remember the fundraiser for Santa Cruz's Mano Amiga food bank on Mother's Day?

Trinity and Holy Cross have raised \$3,086 so far. Yay!



**FOOD
PANTRY
NEEDS**

Zarephath Pantry

The needs of Zarephath Pantry. Continue. 103 pounds of food were donated this week. **Please continue to donate pet food – cat & dog, Canned veggies, Canned fruit, Canned beans – kidney & pinto, Pasta – all kinds, Tuna, and Tomato products: Crushed, Diced, Sauce, Paste, etc.**

Monetary donations are appreciated since Zarephath can purchase canned food at reduced prices.

Donations to Zarephath can also be made through the Bottle Drop Blue Bag Program. Blue Bags available at Trinity.



Health Ministries focus this month is on **Summer Wellness and Hydration**. A “Hydration Station” is available each Sunday after worship in the Fellowship Hall with different infused water flavors that will contain combinations of fruits, vegetables, and herbs.

This week’s offering is *Tropical Pineapple Mint Ginger Water*

Come experience this Father’s Day bright, bold and energizing water. Recipe is available for you to try at home

What Is Infused Water?

Infused water — sometimes called *fruit water*, *spa water*, or *detox water* — is simply cold water that has been allowed to steep with fresh fruits, vegetables, and herbs over several hours. No sugar. No artificial flavoring. No powders or syrups. Just clean water absorbing the natural oils, vitamins, and essence of whole ingredients like cucumber, lemon, mint, or watermelon.

Think of it the way you'd think of tea — except instead of heat drawing out the flavor, it's time and cold water doing the work gently and naturally.

Why Serve It?

Because most of us simply don't drink enough water. Plain water can feel like a chore. But water that smells like fresh mint, looks like something from a garden, and tastes faintly of summer berries? That's a cup people actually want to reach for — and reach for again.

Here are a few reasons it matters:

Hydration supports everything. Energy, mood, digestion, joint health, mental clarity — all of it depends on being well-hydrated. Even mild dehydration can make you feel tired, foggy, or irritable.

It's a kind, inclusive offering. Infused water is caffeine-free, sugar-free, and allergen-friendly for most people. It welcomes everyone at the table — children, seniors, those managing blood sugar, and those simply trying to make a healthier choice.

From your Building Relationships Committee

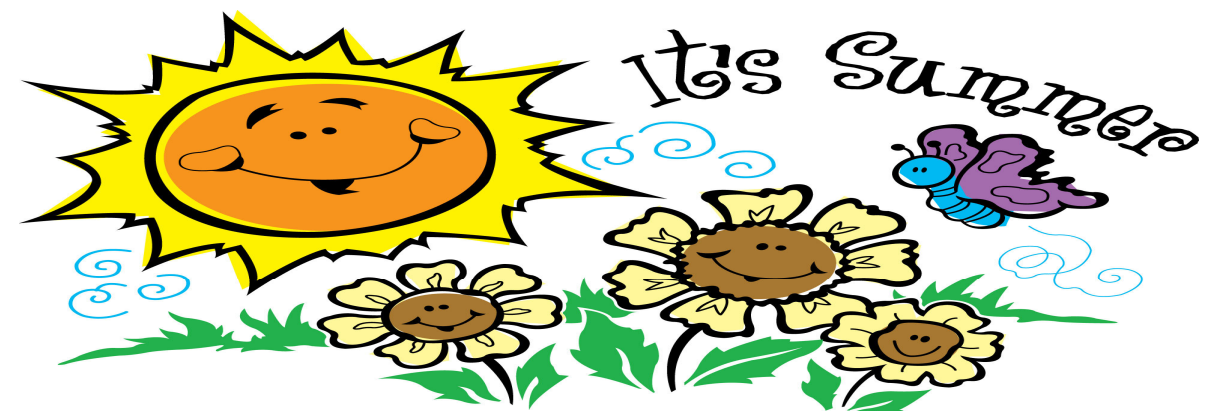
Do you know the names Susan and Susette La Flesche?

Here is more information about these amazing women:

The LaFlesche sisters, Susan and Susette, were members of the Omaha tribe in the late 1800s. After witnessing much discrimination against native Americans, they resolved to work for change.

Susette served as translator for Chief Standing Bear in 1879, in a case that resulted in the declaration that “an Indian is a PERSON within the meaning of the laws of the United States.” Susette later toured the country calling for a new direction in federal Indian policy. Her message was that native Americans wanted citizenship and the freedoms that all Americans gained in 1776.

Her sister Susan was the first indigenous woman to earn a medical degree, and returned to the Omaha reservation as the only physician for over 1000 people. She worked with the Office of Indian Affairs, hoping to improve living conditions on the reservation. The hospital that she created was declared a National Historic Landmark in 1993.



FROM SOCIAL JUSTICE COMMITTEE

Kairos Document (continued)

The Social Justice Committee become aware of a document written in 2009 from the perspective of Palestinian Christians living in the Holy Land. Although the apostle Paul urges Christians around the world to support the Christian Church in Jerusalem and in the land of Jesus' birth, the document and its call to solidarity and action were largely ignored at the time it was written. This document is again coming to light as the Palestinians have again faced assault, hunger, and genocide in the Israel/Hamas war of the past two years.

The purpose of the Kairos document is this: "As Palestinian Christians we hope that this document will provide the turning point to focus the efforts of all peace-loving peoples in the world, especially our Christian sisters and brothers. We hope also that it will be welcomed positively and will receive strong support. ... We believe that liberation from occupation is in the interest of all peoples in the region because the problem is not just a political one, but one in which human beings are destroyed." The document's drafters describe it as "the Christian Palestinians' word to the world about what is happening in Palestine.

Here is the next excerpt:

1.5 The Palestinian response to this reality was diverse. Some responded through negotiations: that was the official position of the Palestinian Authority, but it did not advance the peace process. Some political parties followed the way of armed resistance. Israel used this as a pretext to accuse the Palestinians of being terrorists and was able to distort the real nature of the conflict, presenting it as an Israeli war against terror, rather than an Israeli occupation faced by Palestinian legal resistance aiming at ending it.

1.5.1 The tragedy worsened with the internal conflict among Palestinians themselves, and with the separation of Gaza from the rest of the Palestinian territory. It is noteworthy that, even though the division is among Palestinians themselves, the international community bears an important responsibility for it since it refused to deal positively with the will of the Palestinian people expressed in the outcome of democratic and legal elections in 2006.

Again, we repeat and proclaim that our Christian word in the midst of all this, in the midst of our catastrophe, is a word of faith, hope and love.

Read the complete document on the TLC website <https://tlcgresham.com/>

It turns a small moment into a mindful one. Pausing to pour a glass, noticing the color and scent, choosing to nourish yourself is a small act of intentional self-care.

It reflects hospitality. Offering something thoughtful and beautiful — even something as humble as water with strawberries and basil — is a way of saying *you are welcome here.*

A Word on What It Isn't

Infused water isn't medicine, and it isn't a miracle. It won't detox your liver or cure what ails you. But it *will* help you drink more water than you otherwise would, and that alone — day after day, Sunday after Sunday — adds up in meaningful ways.

Each week will be a different flavor, with recipes provided.

Sunday June 28 – Watermelon Rosemary Lime Water.

Whether it's cucumber lemon today or watermelon rosemary next week, we hope every glass refreshes you from the inside out.

"Come, all you who are thirsty, come to the waters." — Isaiah 55:1

Trinity has provided me generous vacation time again this year. **I will be away June 14-23 and Pastor Larry will be filling in.** We will be visiting the Lava Cast Forest and High Desert Museum in Bend and all 4 sections of the John Day Fossil Beds including our favorite hike at Blue Basin. I'll be back for two Sundays and then **away again July 6-12 at my family reunion at Unity Lake near Burns. Again Pastor Larry will be providing pulpit supply at both services.** God be with you 'til we meet again!

--Pastor Aimee Bruno



Know your recyclables



Plastics allowed in recycling bin:

- Plastic bottles and jugs (2x2" or larger, caps OK if screwed on)
- Round plastic containers (2x2" or larger)
- Plastic buckets (5-gallons or smaller)
- Plant pots (2x2" diameter or larger, made of rigid plastic)



Paper allowed in recycling bin:

- Flattened cardboard and cereal boxes, egg cartons, empty pizza delivery boxes (minimal grease OK, no food)
- Office paper, paper bags, envelopes (windows and labels included,) newspaper, magazines, catalogs, phone books, junk mail
- Cartons (clean and dry)



Metal allowed in recycling bin:

- Clean steel, aluminum and tin cans (including lids)
- Clean aluminum foil, trays and plates
- Scrap metal under 18" and 10 lbs.



Glass is collected in a separate bin from other recyclables:

- Food and beverage bottles and jars (any color)
- Learn how to prepare batteries for collection at GreshamOregon.gov/Battery-Collection

Batteries

- Learn how to prepare batteries for collection at GreshamOregon.gov/Battery-Collection



Materials allowed in yard debris bin:

- Leaves, grass, plants and garden trimmings
- Tree and shrub branches or pruning less than 4" in diameter and 36" long

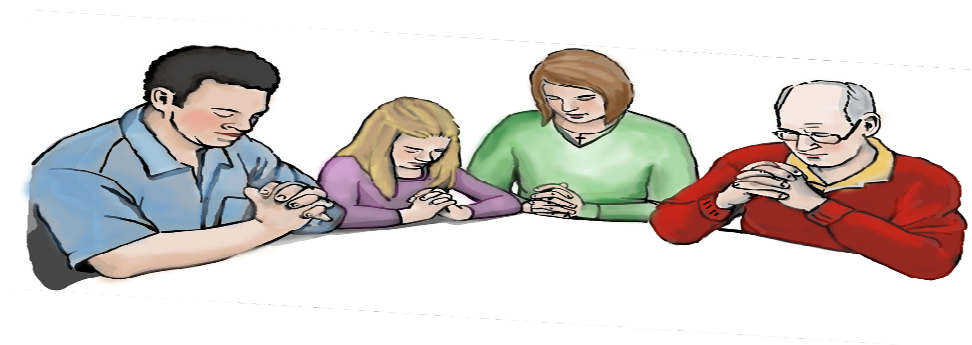
Have other questions about garbage, recycling or donation? Contact the Metro Recycling Information Center hotline at 503-234-3000 or follow @recycleornot or @reciclarono on Instagram.

Trinity appreciates the generosity of the congregation to provide financial support to keep all of its ministries funded.

Trinity's expenses don't go away with the seasons.

With the summer season upon us, many of us will be travelling or be on a different life schedule. We hope that you will continue to make your regular financial offerings.

Thank you again for supporting the ministries that God is calling Trinity to do.



Name	Relation to... Praying for...
Janet Burmeister	Jan Burmeister's S-I-L with Lung disease
Janine	Shanti's cousin has kidney cancer
Shauna Signorini	Ruth Parr's friend recovering from a concussion
Noah Sanchez-Enriquez	Becky's nephew, child with cancer
Curtis Hanson	Recovering from hospitalization
Brett Gonta	recovering from a fall
Carole Bosch	Ladine Marquardt's sister-in-law entered eternal rest 6/11/26
Julie Luongo	Medical testing
Bob Geisler	Mardy Stevens' brother - Cancer treatment